

# UCP

## The Connection

***Cheers to the New Year!***

**Welcome 2014**

## Executive News

Happy New Year UCP Team! May this be a very good and blessed New Year for all of us and especially the children, adults, and families we serve. I am very pleased with the overall progress of the 4 Disciplines of Execution and encouraged as the kick-off of the Wildly Important Goal (WIG) – Increase Therapy Services will be just around the corner. The leadership exhibited by all of you exemplifies the dedication, commitment, and

vision to enhance all of our programs and maximize the potential of many kids and adults.

Last year was a good year thanks to all of you. 2014 will be a great year for UCP of Central Arizona!

With Gratitude,

**Armando Contreras, CEO**

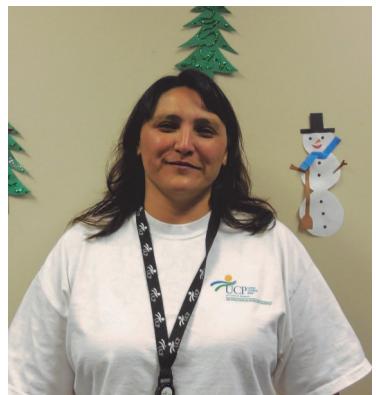
## Employee Spotlight

"What brought you to Phoenix?" A common answer would be, I came to visit a relative and loved it here. That is exactly how Stacey Torres, Program aide in DTA, arrived in Phoenix six months ago. Her cousin moved here, and after a visit, Stacey and her husband decided why not make a change and relocate from Hollister, California to Phoenix.

Stacey had been working at a behavioral group home for eighteen years prior to moving to Phoenix. She heard about UCP while attending a career center at Goodwill Industries and thought that a day program would be a nice change from the 24/7 demands of a group home. Stacey began working at UCP in September 2013. "The staff has been very helpful in training me and getting me familiar with all of our consumers," mentioned Stacey. One of her favorite things about the DTA program is all of the outings they take the

consumers on. "I have a one-on-one consumer right now and she tells me that when she is at home she never gets to go out so I know how much she looks forward to going to the mall, eating out or to the movies" says Stacy.

Stacey is the mother of two grown children and grandmother of 4 , with another grandchild expected in March. Stacy is still trying to get familiar with the area and hopes to find a softball league to join soon. Stacey is active in her church and wants to purchase a new home this new year.  
Bucket List: Go skydiving



## Circle K Corner

Collections at Circle K stores have been on a continuous climb for the past three weeks. As of week ending December 8th, collections have almost reached close to 3 million dollars!

It is our hope that Circle K customers continue to support our cause for years to come. We are extremely grateful for the incredible efforts made by Circle K Employees in 2013 and not forget the 30+ years they have supported our cause.



### Thank you for Attending UCP's Holiday Party



# Good Karma over at DTT

Last August our neighbor, Woodbridge Private School, had a catastrophe when a pipeline busted and flooded their school. Woodbridge reached out to UCP for help and we offered them to use the DTT building for their morning classes until their school was remodeled. As a thank you to UCP, this past week Woodbridge and their families donated toys, educational games, puzzles, and musical instruments to the DTT program, right in time for the holiday season!

Thank you, Woodbridge and their families for your generosity.



## New Member of the DTA Team

Let's welcome John Braswell, the new DTA Program Supervisor. John will be co-supervising the DTA program with Marilyn Zepeda. John has years of experience supervising and working with people with disabilities in New Jersey and Arizona. He is knowledgeable about DDD processes and is very creative with writing and producing plays. Welcome to the UCP team.

## Family Holiday Event

UCP hosted a Holiday event this past week where we had over 60 families on campus to come and celebrate the holiday spirit. The families enjoyed the variety of activities involved, including decorating picture frames, ornaments, and a festive bag, along with the fun of decorating cookies (and eating them!). The best of all was Santa! Santa was able to converse with every kid and of course take a lasting picture.

UCP is grateful to be part in our consumers' lives. Apart from the services we provide them, it's also great to give them something more, and if it's to bring them a smile during this season, then we are working towards our mission.



## What is your RealAge?

Over 30 million people have taken the [RealAge Test](http://www.realage.com) (<http://www.realage.com>). RealAge tells you your biological age based on your:

- Lifestyle
- Genetics
- Medical history

A study by the National Institutes of Health found that the RealAge Test can inspire people to start and follow a plan to manage their health. Many achieve smaller waist sizes as a result.

In June, RealAge became one of the health and wellness websites partnered with Sharecare. That means you can now find more than 4 billion health facts and tools on Sharecare.

United Healthcare sponsors the health insurance category which includes more than 600 questions and answers about health, wellness and health insurance.

Learn your RealAge today!

# The Family Support Coordination Program

Ana, Juan, and their 3 children come from humble circumstance. When they finally were able to move into their new home (although new is a relative term) they were grateful and thrilled. The family was happy to have found a place to call home but, when coming into the trailer, they realized the place possessed many needs including an AC unit, the refrigerator door would not shut , the pipes in the kitchen sink were bad, and so on. Fortunately Ana came across the Family Support Coordination program.

Ana's Family Support Coordinator (FSC) tirelessly searched for potential resources that professed that they would help with such an issue, but with no success until one afternoon, the FSC was at a local church telling individuals about the Family Support Coordination program and assisting the church with their provided services.

The FSC made a connection with an individual, she mentioned that she had been looking for an AC unit. This individual stated that she had a few connections with other agencies and that she would put a word in about the needed AC unit. That same day, the FSC received a few emails with some information about the AC unit and right away began to make some phone calls and was soon connected with an agency.

This agency was able to get the donated AC unit the family needed and they even brought it to Ana's home and installed it. While at the home, the agency representative noticed a few more needs the family had and they offered to provide the family with a new refrigerator, new kitchen pipes, new kitchen sink, new doors, new flooring, and new windows.

Ana has mentioned multiple times that the individuals she has been able to work with through The Family Support Coordination program have been like "Angels that God sent" to her and her family. Had Ana and her family not found the Family Support Coordination program, no one could say exactly where they would be at this time. It can be said, however, that they would not be where they are right now.

***REMINDER: UCP is continuously searching for qualified providers to be a part of the HCBS team. If you know of anyone interested in applying, please refer them to [jobing.com](http://jobing.com) to view the full job description.***

## Job Openings

- Chief Clinical Officer
- Teacher- ELC
- Teacher and Driver (ELC & DTT programs)
- Occupational Therapist
- DTT Program Aid & Driver part-time
- HCBS Provider
- DTA Program Aid & Driver

To learn more about the job opportunities listed above, please visit UCP's company profile at [www.jobing.com](http://www.jobing.com)

UCP of Central Arizona is an equal opportunity employer.

### Did you know?

The new Employee Handbook has been available since November 1. There has been a change in the Mileage Reimbursement and the PTO usage has been better defined. Please take a few minutes to read it. It's available in the Human Resources tab in Paychex and on the Company intranet.

### Reminder –

The accuracy of the information on your paycheck is your responsibility. Time, request for time off, billing documents, etc. are due on Monday morning after the end of the pay period. If you don't send the correct information, we can't pay you correctly. Anything sent in after the due date will not be added to the current pay. Paychex is the best way to be sure your time & mileage is in and accurate.

# It's All About You

## New Hires

Jill Wenninger, HCBS

Sarah Low, HCBS

Rebecca Nair, HCBS

Dana Gardner, TX

Sherrie Wethey, TX

## January Birthdays

Michele Loyd, ADM

Malorie Macias, DTT

Alexa Osborne, DTT

Sondra Reed, DTT

Urshel Ronan, DTT

Connie Wilcox – DTT

Destiny Rivera, DTA

Melissa White, DTA

Adrina, Daniel, HCBS

Jamie Deters, HCBS

Leann Flanders, HCBS

Larry Frazee, HCBS

Betty Hardy, HCBS

Jacqueline Hernandez, HCBS

Lynn Kretchmar, HCBS

Amy Kubo, HCBS

Julia Liljenquist, HCBS

Sarah Loe, HCBS

Robin Madson, HCBS

Sharon Pena, HCBS

Henrietta Rafalko, HCBS

Bonnie Seghetti , HCBS

Azem Shah, HCBS

Tatum Hemmeger, EI

Daniela Serrano, EI

## January Anniversaries

1 Year

Janet Taylor, ADM

2 Years

Sondra Reed, DTT

3 Years

Lisa Curtis, HCBS

Amy Kubo, HCBS

Martha Ortiz, HCBS

Sharon Pena, HCBS

4 Years

Alice Fredrick, HCBS

8 Years

Buck Wagner, DTT

9 Years

Carol Crittenden, DTA

10 Years

Carol Proch, ELC

11 Years

Sheila Acres, HCBS

Donna Jones, HCBS

12 Years

Vicky Gorsh, HCBS

16 Years

Virginia Bordieri, HCBS

# Training Opportunities

REGISTER THROUGH MYPAYCHEX.COM FOR ANY OF THE FOLLOWING

**Cordova training for January: Conducted by Theresa Cordova**

**The 7 Habits of Highly Effective People; Put First things First**

Wed Jan 8th 8:30am- 11:30am in DTT Bldg.

Thu Jan 9th 9:00am - 12:00pm in DTT Bldg.

**Computer trainings for January: Conducted by Kim Milton**

**Laura Dozer Center**

Jan 8th 9:00– 12:00pm **Mail Merge**

1:00– 4:00pm **Applying Excel Skills**

Jan 15th 9:00- 12:00pm **Intro to Publisher**

1:00– 4:00pm **Automation with Powerpoint**

**CPR & First Aid:**

**Conducted by Ernesto Castro**

Jan 15th Wed CPR 8:30am – 10:30am

1<sup>st</sup> Aid 10:30am – 1:00pm

Jan 25th Sat CPR 8:30am – 10:30am

1<sup>st</sup> Aid 10:30am – 1:00pm

**Lifting & Wheelchair Safety, Medication**

**Policies & Procedures, Bloodborne Pathogens:**

**Conducted by Ernesto Castro**

Jan 14th Tue Bloodborne Pathogens 8:30am – 10:00am

Medications 10:00am –11:00am

Lift/Wheelchair Safety 11:00am –12:00pm

**Jan 22th Wed BBP Recertification 9:00am – 9:45am**

Jan 28th Tue Bloodborne Pathogens 1:00pm – 2:30pm

Medications 2:30pm – 3:30pm

Lift/Wheelchair Safety 3:30pm – 4:30pm

**Article 9: Conducted by Ernesto Castro**

Jan 16th Thu Article 9 8:30am – 12:00pm

Jan 28th Tue Article 9 8:30am – 12:00pm

## DCW

**Jan 14th, Tue**

DCW/F – Infection Control 1:30pm to 2:30pm

DCW/F – Job Mgt/Body Mechanics 2:30pm to 4:00pm

**Jan 15th, Wed**

DCW/F – Fire – Safety/Emergency Proc 2:00pm to 3:00pm

DCW/F – Home Envt Maintenance 3:00pm to 4:00pm

**Jan 16th, Thu**

DCW/DD – Abuse and Neglect 1:30pm to 2:30pm

DCW/DD – Positive Behavior Support 2:30pm to 3:30pm

**Jan 21st, Tue**

DCW/DD – Roles of DDD 8:30am to 9:30am

DCW/DD – Support Planning 9:30am to 10:30am

DCW/DD – Incident Report 10:30am to 11:30am

LUNCH 11:30am to 12:30pm

DCW/F – Observe, Report, Docmt 12:30pm to 1:30pm

DCW/DD – Daily Living 1:30pm to 4:30pm

**Jan 23rd, Thu**

DCW/F – Overview 8:30am to 9:30am

DCW/F – Legal/Ethical Issues 9:30am to 10:30am

DCW/DD – Knowledge dev. Dis. 10:30am to 11:30am

DCW/DD – Working w/ppl w/dev.dis.11:30am to 12:30pm

LUNCH 12:30pm to 1:30pm

DCW/F – Communication 1:30pm to 2:30pm

DCW/F – Cultural Competency 2:30pm to 3:30pm

DCW/F – Nutrition & Food Preparation 3:30pm to 4:30pm