

Week 1	Monday	Tuesday	Wednesday	Thursday
Breakfast				
Grain/Bread	Rice Krispies	Cheerios	English Muffins	Chex cereal
Fruit/veggie	Mandarin Oranges	Peaches	Apple Sauce	Blueberries
Additional				
Milk	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*
Lunch	Sub Sandwiches	Chicken Tacos	Pasta	Chicken Pot Pie
Grain/Bread	Hoagie Roll	Tortilla	Rotini	Biscuits
Meat/meat alt	Ham	Chicken	Beef Sauce	Chicken
Fruit/veg #1	Lettuce/tomatoes	Green Beans	Cucumber	Mixed Veggies
Fruit/veg #2	Pineapple	Pears	Watermelon	Pears
Additional		Lettuce/Salsa/Cheese		
Milk	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*
Snack	Cucumber Sandwich			
2 components	Cucumber	Animal Crackers	Cheese	LF Yogurt
	Bread	Apples	WW Crackers	Pineapple

Week 2	Monday	Tuesday	Wednesday	Thursday
Breakfast				
Grain/Bread	Waffles	Kix	Toast	Oatmeal
Fruit/veggie	Applesauce	Pears	Peaches	Bananas
Milk	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*
Lunch	Grilled Chicken	Lasagna	Chicken Bake	Pulled Pork
Grain/bread	Enriched Roll	Lasagna noodles	Rice	Enriched Bun
Meat/meat alt	Chicken	Beef	Chicken	Pork
Fruit/veg #1	Cauliflower	Peas	Broccoli	Tropical Fruit**
Fruit/veg #2	Peaches	Pineapple	Mandarin Oranges	Green Salad
Milk	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*
Snack				
2 components	WW Crackers	Cottage cheese	Apple slices	LF yogurt
	Orange Wedges	WW Crackers	Cheese	Kiwi

*Whole milk is provided to children 1-2 years old. One Percent milk is served for all children over 2 years old. Prepackaged convenience meals are not served.

This institution is an equal opportunity provider.

**Tropical Fruit i Papaya, Guava

Friday
Biscuits
Peaches
Whole/1%*
Burritos
Tortilla
Bean/Cheese
Strawberries
Corn
Whole/1%*
Bananas
Vanilla Wafers

Friday
Cheerios
Pineapple
Whole/1%*
Ham Sandwich
WW Bread
Ham and Cheese
Pears
Carrot Sticks
Whole/1%*
Animal Crackers
Apples

for the age of 2.