

# THE UCP PULSE

**A Publication by UCP of Central Arizona.**



## Employee Spotlight



**Name: Theresa Ginty**

**Department: Home and  
Community Based Services  
(HCBS)**

**Position: Direct Care Worker  
(DCW)**

**Employed by UCP since  
August 25, 2003**

Theresa has dedicated her career working with the special needs community. She has been working at the Paradise Valley School district as a Para Professional for 19 years and as a Direct Care Worker at UCP for 16 years. She became an employee of UCP in 2003 to provide respite care for one of her 1:1 children at the school. She still works with that member today. During the course of her employment at UCP, she has assisted over 15 members.

You could say that UCP played a part in Theresa becoming a mom because while providing respite care for a family with multiple children including foster children; when the family planned on moving out of state they were not allowed to move the child out of Arizona. It was then that the mother suggested to Theresa that she should become a certified foster parent and foster the young girl. Theresa did just that and adopted the young child and then also adopted a son; both with special needs. Theresa's sister is also employed by UCP and provides respite for her children.

When asked what is an important message she would want the world to know about our community, Theresa would remind people that not all disabilities are physically visible and that if you see a person or child that is not demonstrating "typical" behaviors, be more understanding because you don't know the challenges a person has".

Theresa is very active in her church, enjoys swimming with the kids, shopping and reading.

Bucket List: Take her family to Israel.

**Written by: Adrienne Diga, Director of Human Resources\***

\*Employee Spotlights are randomly selected. If you would like to be spotlighted, please contact Adrienne Diga..... OR just wait for a random phone call!!!

## Upcoming UCP Events:

- UCP Closed September 2nd
- Cerebral Palsy Awareness Event: October 4th from 4:30pm to 6pm
- Halloween Costume Raffle: October 31st
- Friendsgiving Community Luncheon: November 1st from 11:30am to 1pm
- Employee Appreciation Dinner: November 9th from 5pm to 8pm
- All Employee Meeting: November 20th from 10am to 11am

EMPLOYEE SPOTLIGHT | PG. 1

UPCOMING UCP EVENTS | PG. 2

CEREBRAL PALSY AWARENESS OPEN HOUSE | PG. 2

DID YOU KNOW? | PG. 3

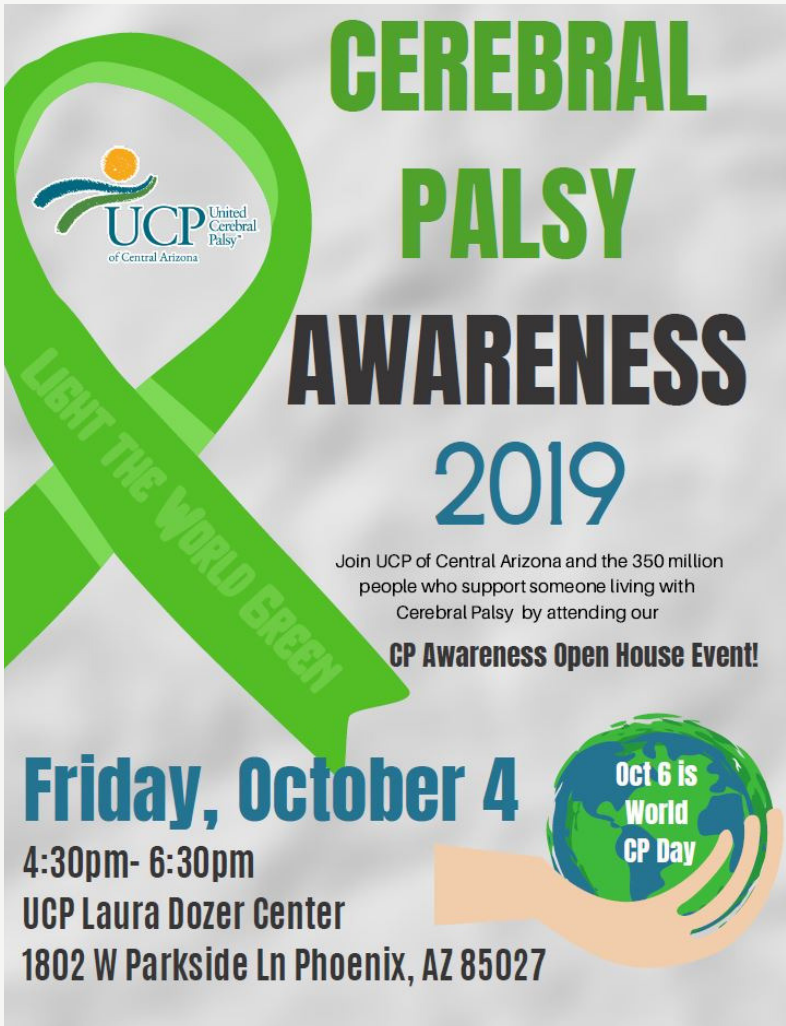
EMPLOYEE RECOGNITION | PG. 3

TRAINING TALK | PG. 3

PET'S CORNER | PG. 4

SAFETY TIPS | PG. 5

FUN COMMITTEE | PG. 5



**CEREBRAL  
PALSY  
AWARENESS  
2019**

Join UCP of Central Arizona and the 350 million people who support someone living with Cerebral Palsy by attending our **CP Awareness Open House Event!**

**Friday, October 4**  
4:30pm- 6:30pm  
UCP Laura Dozer Center  
1802 W Parkside Ln Phoenix, AZ 85027

Oct 6 is World CP Day

## Cerebral Palsy Awareness Open House Event!

Join us on October 4th from 4:30pm to 6:30pm as we help spread awareness for Cerebral Palsy!!

Enjoy these festivities as we spread CP awareness:

- Art Show featuring works of art created by the children and adults in our Early Learning Center and DTA programs
- Dr. Duke Duncan will be speaking on CP and its effects on people and families
- Delicious food for you to enjoy
- Interact with Legislators and community members
- Enjoy giveaways
- Campus Tours

We look forward to seeing you there!

Over 350 million people are affected by CP and to show YOUR support, we ask that you leave a green light on, October 6th.



## DID YOU KNOW?!?!

- As of July 1st, our Laura Dozer Center joined our other UCP locations in becoming a secured center. Employees are now required to use their badge or ring the doorbell to enter the building.
- During the month of August, the flooring in our Early Learning Center and our Laura Dozer Therapy Clinic was renovated with vinyl wood flooring. This created a more inviting and open look for our center.

## Employee Recognition



**Pictured left to right: Richard Johnson, Wayne Esposito, & Tom Smith**

The Facilities Team

Commended for "Amazing dedication and productivity across all UCP campuses," by Adrienne Diga, HR Director

## TRAINING talk

**Written by: Daniela Bonilla, Senior Trainer**

**I am very excited to introduce you to UCP's Online Training Portal, TraCorp!**

In the Training Portal, you will have access to all your UCP Online Trainings. Each training has its own interactive quiz which, upon completion, will give you an instant result! That means that once you hit that submit button, you'll know immediately if you received a passing score or not. Once you pass a quiz, you'll immediately have access to your training certificate. All your training information will be stored in our Online Training Portal. This means that you'll always have access to your Training Certificates if you ever need copies.

**You can check out our new Online Training Portal by visiting: [ucpaz.server.tracorp.com](http://ucpaz.server.tracorp.com)**

**User name: YOUR UCP email address**

**Password: PayCom123**

**If you have any questions or comments please contact Daniela Bonilla @ ext. 1807**

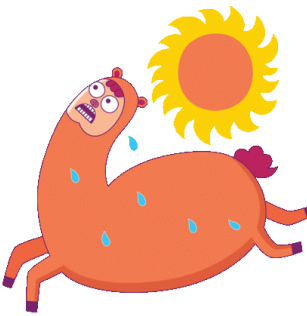


## WELCOME TO PETS CORNER!

Written by Dionne Hackett, proud fur-puppy mom of DeeJay

Pets Corner is a designated space where helpful tips, fun facts, and information can be shared for pet lovers. This is a special place where we can display our connections to our pets and engage with each other by sharing funny stories, cute pictures, recipes, activities, and great ideas. A place where our pet-friends are not just considered pets, they are our family!

### TURN UP THE HEAT! SUMMER IS HERE!



Keeping our fur-friends active and hydrated during this season is tough. The Arizona heat can be detrimental in the summer months. Keep these helpful tips in mind to ensure your fur-friends beat the heat safely!

**Exercise and Play:** Our fur friends need to stay active, even in the summer.

**Best walking/outdoor play times:** Early mornings and late evenings. Avoid high heat advisory peak times of 12 pm - 6 pm during the summer months.

**Remember:** Arizona concrete is scorching hot.. protect your pets paws from burning by limiting walks to 5 - 10 minute intervals or using protective paw coverings. Walk in covered/shaded areas when possible.

**Water, water, and more water:** Keep plenty of water on hand, in and out of the house. Fur friends need to remain hydrated in order to be healthy. Refresh water bowl throughout each day. Add ice cubes to the water dish to keep the water cool, especially if you have a pet primarily outside.

**Check out these cool outdoor pet items to help your pet stay hydrated and cool this summer. Great for long walks, travel, hiking, camping, and much more.**



#### IDEGG Portable Silicone

Pet Bowl, Foldable Expandable Water Feeding Travel Bowl Cup Dish for Pet Dog Cat



#### IPAWABOO Pet Carrier Backpack

Adjustable Pet Front Cat Dog Carrier Backpack Travel Bag, Legs Out, Easy-Fit for Traveling Hiking Camping for Small Medium Dog

Be sure to link your Amazon or Amazon Prime account to "Amazon Smile" and selecting "United Cerebral Palsy of Central Arizona" as your charity to support and a percentage of your eligible Amazon purchases will be donated to UCP. Every little bit counts! Thank you for your donation!

### In the next issue of Pet's Corner: Halloween Costume Contest

Submit a picture of your pet(s) in a Halloween costumes to participate in the contest. Send photos to [hr@ucpofcentralaz.org](mailto:hr@ucpofcentralaz.org) subject line "Pet Halloween Contest."

Include the name of your fur-friend. All photos must be received by Friday, Nov. 8th. Best pet costume contest winners' photo will be published in the November edition of "The UCP Pulse". If you have an idea or topic you would like to see highlighted in the Pet's corner, send your input to [hr@ucpofcentralaz.org](mailto:hr@ucpofcentralaz.org), Attention Dionne Hackett.

**Happy pets make Happy people!**

# Fire Extinguishers

Written by: Wayne Esposito, Facilities Manager

Fire extinguishers can save lives and property. Below are some basic tips about using fire extinguishers in your residence or business.

Use a portable fire extinguisher when:

- The fire is confined to a small area, such as a wastebasket, and is not growing
- Everyone has exited the building
- the fire department has been called or is being called
- AND the room is not filled with smoke.

To operate a fire extinguisher, remember the word **PASS**.

**P**ull the pin

**A**im low. "Point the extinguisher at the base of the fire"

**S**queeze the lever slowly and evenly.

**S**weep the nozzle from side-to-side.



## REMEMBER.....

Know when to go. Fire extinguishers are one element of a fire response plan, but the primary element is safe escape. Every residence and business should have a fire escape plan and working smoke alarms.

# UCP Fun Committee

Do you enjoy throwing fun and unique events? Are you looking for a way to get more involved with UCP?

Join the UCP Fun Committee and share your talents to help create awesome events for our valued employees!!!



Contact Carrie Croner, HR Specialist @ ext. 1816 for more information!!