

JULY

2026

NOTES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
CONTACT INFO MANAGER ROBIN REMERSON@UCPOFCENTRAL AZ.ORG TEMP LEAD LEAH LBUSS@UCPOFCENTRALAZ.O RG			1 SHOPPING @ TARGET \$10	2 WEAR YOUR 4 TH OF JULY TEE'S. STRAWBERRY SHORT CAKE FOR SNACK	3 CLOSED FOR THE 4 TH OF JULY	
DAILY SCHEDULE 8-9 MEMBERS ARRIVE 9-10 EXERCISE 10-11 GOALS 11-12 LUNCH 12-1 PROJECT 1-2 MEMBERS CHOICE	6 GROCERY SHOPPING W/SARAI	7 ROCKN'ROLL DAY WEAR YOUR ROCK N'ROLL TEE'S ADAPTIVE BALLET 10-11	8 VOLUNTEER AT HOPE 4 HUNGER WITH SARAI	9 LUNCH OUT AT CAFE RIO \$25	10 CULINARY DAY HAMBURGERS AND FRIES W/SARAI	
	13 GROCERY SHOPPING W/JERRELL	14 ADAPTIVE BALLET 10-11 SHOPPING @ ROSS \$25	15 LUNCH OUT AT JIMMY JOHN'S \$25	16 HEALTH WITH PARKER	17 CULINARY DAY TACO SALAD W/JERRELL	
	20 SNACK AT JAMBA JUICE \$15	21 GROCERY SHOPPING W/JENNIFER ADAPTIVE BALLET 10-11	22 BOARD GAMES WITH YOUR STAFF	23 LUNCH OUT AT CHICK-FIL-A \$20	24 CULINARY DAY W/ JENNIFER, CHEESE QUESADILLA W/ RICE	
	27 GROCERY SHOPPING W/ IESA	28 ADAPTIVE BALLET 10-11	29 NATIONAL CHICKEN WING DAY. LUNCH @ VALLEY WINGS \$25	30 BINGO WITH CAROL MALL WALK & SHOPPING \$25 (BRING COLD LUNCH)	31 CULINARY DAY W/ IESA SPAGHETTI WITH MEAT	