

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Grain/Bread	WW Toast	Corn Flakes	Waffles	Breakfast burritos	Corn Chex
Fruit/veggie	Applesauce	Mandarin Oranges	Strawberries	Peaches	Bananas
Additional				Sausage	
Milk	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*
Lunch	Chicken Wrap	Sloppy Joes	Grilled Cheese	Spaghetti	Pasta Toss
Grain/Bread	Tortilla	Enriched Buns	Enriched Bread	Spaghetti noodles	Elbow Macaroni
Meat/meat alt	Chicken	Ground Beef	Cheese	Ground Beef	Cheese
Fruit/veg #1	Carrot Sticks	Oven Baked Fries	Tomato Soup	Green Beans	Broccoli/carrots
Fruit/veg #2	Orange Wedges	Mixed Melon (1)	Tropical Fruit (2)	Pears	Apples
Additional	Lettuce/Cheese				
Milk	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*
Snack				Roll ups	
2 components	Gold Fish	String Cheese	HM Hummus	Tortillas	Cheese
	Apple slices	Blueberries	Bagel	Turkey	Crackers-Saltines

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Grain/Bread	Cheerios	Bagels	Pancakes	Kix	French Toast
Fruit/veggie	Peaches	Apple Sauce	Blueberries	Pears	Strawberries
Milk	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*
Lunch	Chicken Penne	Meatloaf	Turkey Sandwiches	BBQ Chicken	Rice Pilaf w/beef
Grain/bread	Penne	Roll	WW Bread	WW Roll	Rice
Meat/meat alt	Chicken	Ground Beef	Turkey	Chicken	Beef
Fruit/veg #1	Broccoli	HM Mashed Potatoes	Peas	Broccoli	Mangoes
Fruit/veg #2	Pears	Apples	Apple Sauce	Mixed Berries (3)	Celery/Green Peppers
Additional					
Milk	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*
Snack					
2 components	LF Yogurt	Graham Crackers	Bagels	WW Crackers	Banana
	Kiwi	String Cheese	Milk	Cheese	Wheat thins

*Whole milk is provided to children 1-2 years old. One Percent milk is served for all children over the age of 2.
Water is available all day long in each class via water fountains and water bottles.
Prepackaged convenience foods are not served
This institution is an equal opportunity provider.

- 1-Tropical Fruit includes papaya and guava
- 2-Mixed Melon includes Honey Dew and Cantaloupe
- 3-Mixed Berries consists of strawberries, raspberries and blueberries